

DISCLOSURE STATEMENT

Ronald J. Eastman, M.Ed., LMHC, CGP
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Washington State License Number: LH4530

I received my Bachelor of Arts in Psychology from Eastern Washington State University and a Master of Education in Guidance and Counseling from Whitworth College. I have participated in continuing education since receiving my degrees. I am a Washington State Licensed Mental Health Counselor and a nationally Certified Group Psychotherapist.

I have experience working with persons of all ages. I counsel couples experiencing marital problems, survivors of abuse, depressed persons and individuals wanting to make changes in their lives to allow them personal growth.

I see therapy as creating a safe atmosphere to explore avenues to make changes in your life. We will talk about your presenting problem as well as other life experiences that may add to your current distress. You and I will be part of a team working together to help you gain insight and then put that insight to use in your life. I, as the therapist, will offer feedback, empathetic listening, unbiased support and a link for other resources. The main goals of therapy are allowing healing to take place, helping you become "unstuck" and providing a way to help build self esteem.

Anything discussed in therapy is confidential and not released without your written permission except for the following:

1. I am mandated by law to report any abuse of children, handicapped persons or the elderly.
2. If I feel that you are a danger to yourself, a danger to others, or if you are unable to get your basic needs met.
3. If you bring charges against your therapist.
4. If I am required by law to disclose this information.

You as a client, have the right to choose a counselor who best suits your needs. Treatment will terminate when the client and/or therapist decides that the client has successfully reached therapeutic goals or when the client and/or therapist decides that the type of therapy being offered does not coincide with the client's needs at this time. The client or therapist has the right to terminate treatment at any time if either party feels there is a conflict between them that will jeopardize treatment and this conflict cannot be resolved.

Counselor Credentialing Act

The purpose of the law regulating counselors is (a) to provide protection for public health and safety; and (b) to empower the citizens of the State of Washington by providing a complaint process against those counselors who would commit acts of unprofessional conduct.

Counselors practicing counseling for a fee must be registered or licensed with the Department of Licensing for the protection of the public health and safety. Registration of an individual with the department does not include a recognition of any practice standards, nor necessarily implies the effectiveness of any treatment.

Available Services

Individual, marital or group therapy is available. Sessions are available in the evenings and by previously arranged appointments. If you are unable to keep your appointment, please call at least 24 hours in advance. This can be done by calling me at 456-2190 and talking directly to me or leaving a voice mail message. If an appointment is not kept and there hasn't been 24 hours notice the visit will be billed to you. We cannot bill insurance companies for No-Show appointments or late cancellations.

Fees for Service

Fees will be as follows: \$150.00 Intake/\$105.00 per individual/family session.

Individual/family sessions are typically forty-five (45) to fifty (50) minutes long.

Payment is expected when checking in for each session unless other arrangements have been made in advance.

Fees are subject to change.